

THE MASTHEAD NEWS

themastheadnews.ca



Young Minds Bring Business Ideas

Chantal Pelham-Edwards

St. Margaret's Bay, NS — Calling all young entrepreneurs! The St. Margaret's Bay Community Enterprise Centre (SMBCEC) is set to host its second annual Youth Entrepreneur Fair on Saturday, June 13th, offering young entrepreneurs a chance to bring their business ideas to life.

Running from 10:00 a.m. to 1:00 p.m. at St. Luke's Church (lower level), the event invites youth aged 8 to 14 to showcase their products and services to the community. Designed to foster creativity, confidence, and business skills, the fair gives participants hands-on experience in entrepreneurship.



Sisters Mikaela and Ella Glover at the 2025 Youth Entrepreneur Fair.

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Participation in the fair is free, although space is limited and registration is required to participate. Parents and guardians are required to accompany children throughout the event, as volunteers will not be providing supervision.

Registration is open until June 6th, and interested participants can secure a spot or learn more by contacting youthprogram@smbcec.org.

Stay Safe on Two Wheels: Bicycle and E-Bike Safety

By Corporal Mandy EDWARDS

With warmer weather in Nova Scotia, more people are choosing to commute, run errands, or enjoy a leisurely ride by bicycle or e-bike. Cycling is a healthy and environmentally friendly option, but it does come with responsibilities for riders and drivers.

Cyclists and e-bike riders are required to follow the same rules as motor vehicle drivers. This means obeying traffic lights and stop signs, signaling turns, and riding in the same direction as traffic. Sidewalk riding is generally not permitted and poses risks to pedestrians.

Riders of e-bikes, subjected to additional requirements under provincial legislation, must be at least 16, wear an approved bicycle helmet, and ensure the e-bike meets legal specifications.

Youth Entrepreneur Fair
Saturday, June 13, 10:00am-1:00pm
St. Luke's United Church (lower level)

Hosted by the **St. Margaret's Bay COMMUNITY ENTERPRISE CENTRE**

Ages 8-14 *Come support young entrepreneurs!*

For more info: youthprogram@smbcec.org

To help nurture the next generation of local entrepreneurs, local businesses are also invited to support the initiative through financial or in-kind sponsorships. Contact youthprogram@smbcec.org for more information.

The community is encouraged to support the young entrepreneurs by attending the fair to browse through their creations and take home some treasures. Cash is recommended as most youth entrepreneurs are not able to accept cards.

For more information, contact Chantal Pelham-Edwards, SMBCEC board member, at youthprogram@smbcec.org.



Continue Reading on Page 3

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Authorized by the official agent for CSM

St. Margaret's Bay Food Bank and Thrift Store Welcomes Community

Helen Liu

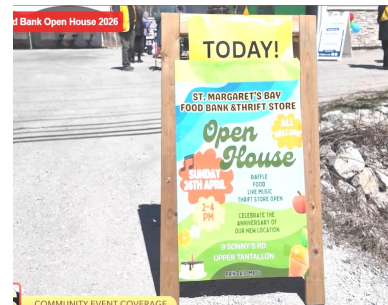


The St. Margaret's Bay Food Bank and Thrift Store held a successful Open House on April 26 from 2:00–4:00 p.m. at its new location, 9A Sonny Road in Tantallon, marking an exciting new chapter since relocating in March 2025.

The event was well attended by local residents and elected officials who enjoyed a sunny afternoon featuring live outdoor music by Blackburn & James, a barbecue with hot dogs, and cake. The thrift store was open for browsing and shopping, and many attendees generously donated non-perishable food items in support of the food bank.

Local businesses contributed donated items for the raffle and auction, adding to the strong sense of community support.

Through sponsorships, donations, the auction and raffle, and thrift store sales, more than \$7,500 was raised. A significant portion of those funds came from the generosity of Sobeys staff and customers, whose support made a meaningful impact. In addition, more than \$2,000 was received in in-kind donations.



The Open House received media coverage from CBC and LiveNS TV, along with social media support from local politicians. This helped spread the word about the food bank and thrift store's new location.

The thrift store at 9A Sonny Road accepts donations during opening hours, Tuesday to Saturday from 11:30a.m. to 3:30p.m.

Due to space limitations, furniture or large household donations cannot be accepted. All funds raised through the thrift store directly support food bank operations.

The organization is deeply grateful to everyone who donated, volunteered, attended, and helped make the Open House such a success. It truly takes a community.

Deadline for July Issue June 18th 2026

The Last Frost *Jennifer Learmonth*

On the South Shore, where the salt wind sighs, The earth still whispers winter's last goodbye. In the hush of dawn, silver touches the leaves, A final kiss of frost 'neath the sheltering eaves.

Gardeners wait with hopeful, patient hands, For tender shoots that crave the warmer sands. Tomatoes, peppers, basil's fragrant green— Hold them back till June's full moon is seen.

When the Strawberry Moon climbs high and bright, It marks the end of cold's reluctant fight. Then plant with joy beneath the warming sky, The South Shore summer waits—no more frost's sigh.

So heed the old ways, passed from kin to kin, After that silver glow, let the growing begin.



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Tips- Spotting Impaired Drivers

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Did you know that across Canada, over 200 people are charged with impaired driving each day, with half of them having been called in by the public? Did you also know that in the HRM, in just the month of March, 40 drivers were charged with impaired operation of a vehicle? Resulting from this devastatingly high prevalence of impaired driving, four people are killed every day in Canada by impaired drivers. Many of these are young people who were ejected from their vehicles because they were not wearing seatbelts.

Signs of an impaired driver may include:

- ⇒ Tailgating and changing lanes frequently
- ⇒ Quick acceleration or deceleration
- ⇒ Almost striking an object, curb, or vehicle
- ⇒ Stopping without cause or erratic braking
- ⇒ Drifting in and out of traffic lanes
- ⇒ Driving unreasonably fast, slow, or at an inconsistent speed
- ⇒ Making exceptionally wide turns
- ⇒ Changing lanes or passing without sufficient clearance
- ⇒ Overshooting or stopping well before stop signs or stop lights
- ⇒ Disregarding signals and lights
- ⇒ Approaching signals or leaving intersections too quickly or slowly
- ⇒ Driving without headlights, failing to lower high beams, or leaving turn signals on
- ⇒ Driving with windows open in cold or inclement weather
- ⇒ Driving anywhere other than on a road designated for vehicles

If you see a potential impaired driver, call 911 immediately. Provide the dispatcher with your location, along with a description of the vehicle, including the licence plate number, colour, make, and model. Additionally, inform them of the direction of travel for the vehicle and a description of the driver if possible. Your call might save a life!

JOIN US TO FIND OUT HOW YOU CAN HELP PREVENT Theft, Speeding, Break-ins, Vandalizing, Impaired Driving, and more by emailing INFO@COPTANTALLON.ca or visiting NSCOPA.ca



Stay Safe on Two Wheels: Bicycle and E-Bike Safety... Story continued from page 1

Being visible and predictable to drivers prevents collisions. Cyclists and e-bike riders should:

- Wear bright or reflective clothing
- Use a white front and red rear light
- Make eye contact with drivers
- Signal clearly
- Use a bell if riding on shared trails to alert pedestrians

Wearing a helmet saves lives, as it significantly reduces serious head injury risk in a crash. In Nova Scotia, helmets are mandatory for all cyclists. Ensure the helmet fits properly, is fastened securely, and is damage-free.

Riders must stay alert and avoid distractions. Avoid using headphones, looking at mobile devices, and being under the influence of alcohol or drugs.

E-bikes can travel at higher speeds, which means less time to react to hazards. E-cyclists need to ride at a safe speed and adjust for road and weather conditions.

Motorists, who play a critical role in cyclist safety, are reminded to share the road safely by:

- Leaving at least one metre of space when passing a cyclist
- Checking for bikes before opening vehicle doors
- Yielding to cyclists

Being especially cautious at intersections and crosswalks

Distractions, speed, and impairment increase the risk of serious crashes.

If you witness dangerous driving or cycling behaviour, report it to police.

Road safety is a shared responsibility. Following the rules reduces collisions and ensures everyone's safety.

For more information, visit your provincial road safety website.

Stay safe—and enjoy the ride.



Exciting News!

Deadline for July Issue June 18th 2026

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A Quick Tour of Canada Barbara Olson ©ClassiCanadian Crosswords

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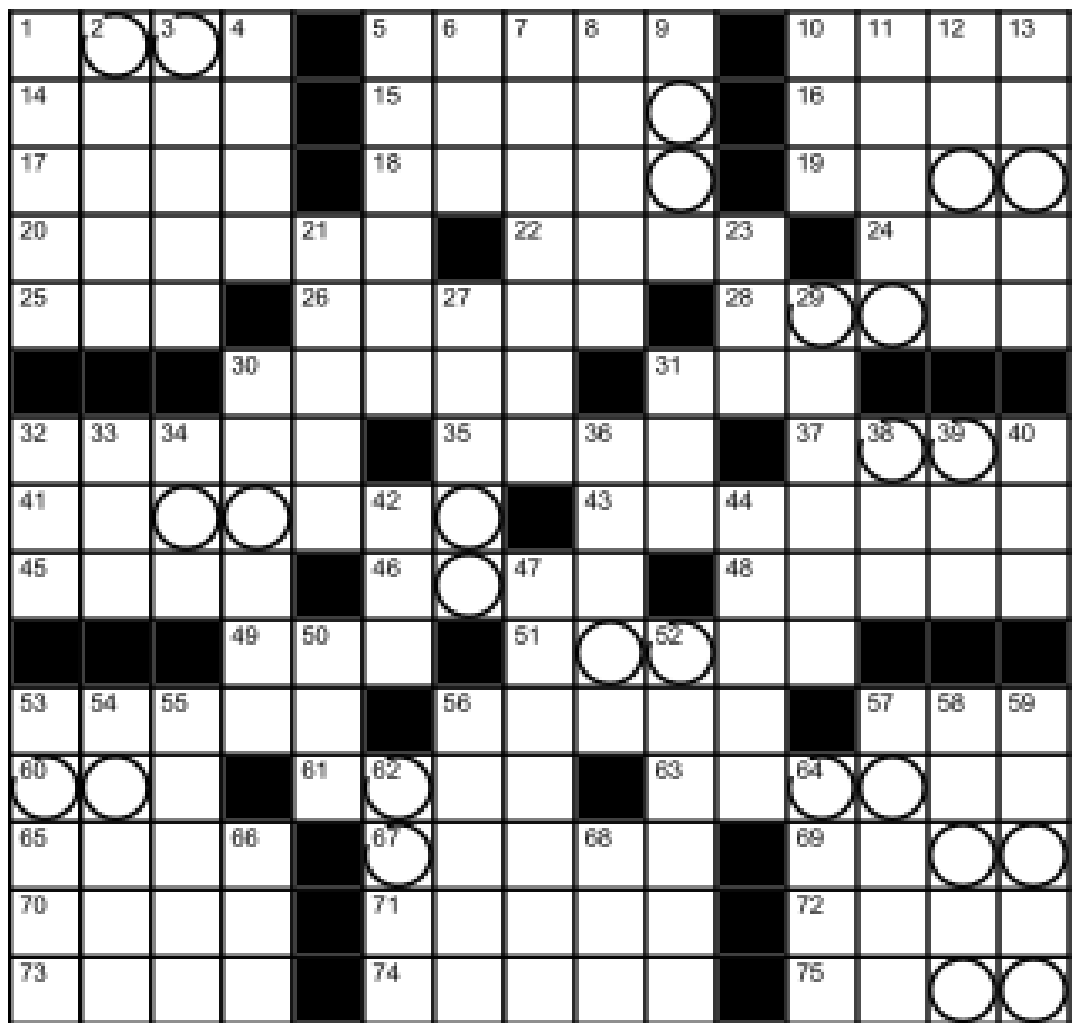
- 1 Tale about Zeus or Odin
- 5 Be a bad actor, in a way
- 10 Memos. of the Canadian Bar Assn.
- 14 "Able was ___ ..."
- 15 The ___ the moon
- 16 The old you?
- 17 Snicker-___ (dagger)
- 18 Black-necked goose
- 19 Computer drop-down list
- 20 ___ Artois beer
- 22 Hardy heroine
- 24 Photo ___ (PR sessions)
- 25 Upper left word on a ouija board
- 26 A bit miffed
- 28 Small metric area units: Abbr.
- 30 Finnish cell phone company
- 31 Un ___ (a little bit: Fr.)
- 32 Flub, as a slapstick
- 35 Bus starter?
- 37 Bigger pictures: Abbr.
- 41 Red Rose pouches
- 43 Occupy, as a home
- 45 Huffy songstress, stereotypical
- 46 "I get it, I get it!"
- 48 Light ___ (feathery)
- 49 "Koochie-___!"
- 51 '70s poster boy Osmond
- 53 Made lovey-dovey sounds
- 56 Sharpened
- 57 Make no mistake?
- 60 Alphabet trio
- 61 CTV news anchor Sachedina
- 63 Seven Seas sailor of fiction
- 65 Pearson or Trudeau guesses, briefly
- 67 Puff up
- 69 "Crikey!"
- 70 Move, in realtor lingo
- 71 Blow ___ (become unglued)
- 72 George Orwell's prep school
- 73 Hades waterway

74 ___ Fierce (Beyonce alter ego)

75 Viola Desmond's bills

Down

- 1 Little lady
- 2 "Fiddler on the Roof" matchmaker
- 3 Charts at family reunions
- 4 Stiletto shoe part
- 5 Begin a voyage
- 6 Scratch, scrape or smudge
- 7 Playing for the Leafs or Lions, say
- 8 Having prongs
- 9 "Lord of the Rings" tree people
- 10 Bread box, briefly?
- 11 TV beach drama set in California
- 12 2200 hrs.
- 13 Doctor of kid lit
- 21 Classical guitarist Boyd
- 23 U-turn from NNW
- 27 Fairground booth
- 29 Feeling carsick, say
- 30 Easy-to-prepare, as ice cream pie
- 31 10-Down input
- 32 Bouquet co. with the "Mercury Man" in its logo
- 33 "___, O, U, and sometimes Y"
- 34 Sailing-related: Abbr.
- 36 Camera brand
- 38 Raptors' org.
- 39 Card deck count, in Old Rome
- 40 Bering or Davis: Abbr.
- 42 Gloppy gunk
- 44 Convenient, in brand names
- 47 Nasally noticeable
- 50 Mileage gauge prefix
- 52 Snapple competitor
- 53 Pig Pen and Rubber Duck in the song "Convoy"
- 54 Santa's reindeer group, for one



- 55 In a strange way
- 56 "Six of one, ___ dozen of the other"
- 57 Have ___ to eat (snack)
- 58 Fatty menu fowl
- 59 Paradises
- 62 CEOs' wall hangings, maybe
- 64 Dostoevsky's denial
- 66 "Red" or "White" baseball team
- 68 E-cigarette's lack

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July 2026 Issue

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Monday June 18

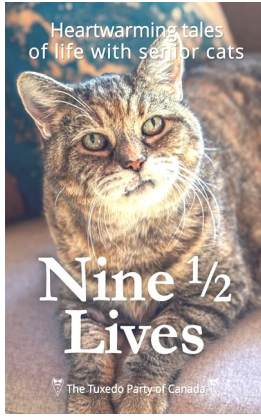
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What we're Reading
Books by local authors



Nine 1/2 Lives Nonfiction collection, 2026
Multiple authors, Joe Pops, editor

It would be easy for cat lovers to approach a collection of stories about old cats with trepidation. After all, as journalist Heidi Petracek writes in "Miracle Mo," about her cat who lived to 18: "When your best friend is a furry feline, you know that, eventually, time won't be on your side."

But while *Nine 1/2 Lives*, a collection of more than 20 stories, doesn't shy away from the frequent health challenges and final goodbyes that are the tough parts of living with elderly cats, this book is much more a celebration of the resilience, late-in-life playfulness, and love that senior cats offer.

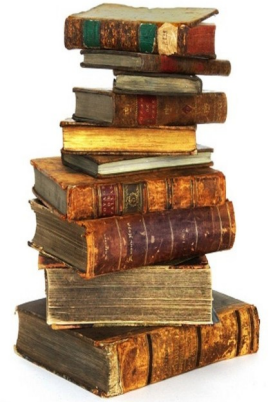
Several stories are about the writer's childhood cat, the friend who grew old as the writer grew up, and the bond that still resonates decades later.

There's also humour. In "Jingles Made a Poop," Joe Pops describes his level of excitement when he tells his wife that 20-year-old Jingles has overcome a period of constipation: "I should have been wearing a town crier's robes and ringing a handbell."

Some of the stories feature cats who may have been losing some hearing and eyesight but still had their sense of adventure. Ian Colford describes Fluffy, thought to be around 15 at the time, going missing from a family member's cottage for weeks, returning thin, hungry, and unwilling to roam for the rest of her life. "She recovered from her ordeal, but kept the details to herself," he says.

This book is a project of the Tuxedo Party and a fundraiser for Spay Day HRM (see story, page 10). But while *Nine 1/2 Lives* is worth buying to support cat rescue, it also stands on its own as a great read. These stories are love letters to remind us that cats make life better—in fact, they make us better. And our cats would be the first to say so.

Sharon Jessup Joyce has lived with rescue cats all her life, and currently serves the cuddling requirements of Boston, 12, William, 10, and Brynn, 9.



Books let you travel without moving your feet and grow without leaving your chair.
Have a book that you would like to share? stories@themastheadnews.ca

4th Annual Uke-a-Palooza Supports St. Margaret's Bay Food Bank *Neil Oldreive*

The Black Point and Area Community Centre was pleased to host the 4th annual Uke-a-Palooza, a food bank fundraiser. Featuring The Bridgewater Fun Ukulele Jammers, The Chester Shorejammers, The Mahone Bay Naturals, and The Black Point Shoreline Strummers, along with The Ukesters, led by Cathy Whalen, who played tunes by The Beatles, Bryan Adams, and George Thorogood, this delightful performance raised \$660 for the St. Margaret's Bay Food Bank.



The stories that touch hearts are often the ones closest to home.
Stories@themastheadnews.ca

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Gardening 2026



Silver garden's Open House. *By Donna Silver*



John Silver

It's that time again when the garden awakes and sends forth its bounty. Buds are swelling and bursting forth into beautiful leaves or spurts of flowers. That's happening in the Silver garden and we are ready to share it with you.

Over the past 35 plus years, we have opened the garden in June when the serviceberry, magnolias, pieris and of course the rhododendrons are in their magnificent bloom. There are also many weird and wonderful trees and shrubs throughout our woodland garden- like the umbrella tree, Zenobia, Katura and so on.

On June 14 between 10 and 4 we will be doing this again. As well as the garden show there will be local artisans-Coastal Makers Collective - selling their work. The local artisans consist of a woodworker, a photographer, a glass artist, a potter, a local author and a paper flower artist. Beyond Harmony - a local trio- will also be here to entertain you.



This is all done as a fund raiser for FeedNS and has been a great success in the past. Now more than ever we need to support those in need. As well as non-perishable foods, monetary donations can be made with the aid of a tap machine supplied by FeedNS.

We hope to see you there.

Silver Garden 283 Brennans Rd, Prospect Bay

June 14, 10-4

Carrots are always tastier when you grow them yourself

by Ron Driskill

The first day I pulled a carrot from my garden I could taste the difference between store-bought and my own. Called Yaya, the variety was the sweetest I had ever tried, and is still a winner.

The beauty of it is that you can plant carrots from now until the first week of July to get a crop.

Frost will not hurt them and, in fact, they will become sweeter. A lot of people put straw or hay over them in the fall in order to pull them any time they want during the winter, or they simply mound soil over the tops.

If thick enough, the cover you put on will prevent the ground from freezing.

A reasonably "light" soil will do, although carrots can also take a somewhat clay-like soil. Soil should be no less than 25 cm (10") in depth to accommodate the longest varieties.

Some excellent varieties are Yaya, Scarlet Nantes, Little Fingers, Napoli, Danvers, Chantenay, Oxheart and Bolero.

Before you sow, make rows with a hoe, broadcast some 6-12-12 fertilizer in each row, and then sow the seeds thinly and cover with a ¼-inch of soil, sand, or peat moss.

You may want to drench the row with RX-15, a water-soluble fertilizer with trace elements that may be absent from your garden.

Keep the soil constantly moist to prevent drying out, which happens easily with such light seed coverage, and to keep the growth vigorous.

Carrots love sunlight so make sure they are getting between 6 and 8 hours each day. It usually takes carrots about 14 to 21 days to germinate.

When the carrots are about 2 or 3 cm (1" tall), thin them out so that there is at least 8 cm (3") on either side of each carrot. If the shoulders start to turn green during the growing season, rake dirt over them.

A row of carrots is more than a garden crop — it's patience, hard work, and a reminder that the best things in life grow slowly, one season at a time.



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Celebrate Community at the 2nd Annual Bay Pride Festival in July *St. Margaret's Bay Pride*

The 2nd Annual Bay Pride Festival is returning to St. Margaret's Bay from July 5th to 26th, bringing together residents and visitors for a vibrant celebration of community, inclusion, and connection!

This family-friendly, community-driven festival features more than 15 events throughout the region, welcoming people of all ages, identities, and backgrounds. Whether you identify as part of the 2SLGBTQIA+ community or simply want to support a more inclusive and welcoming St. Margaret's Bay, everyone is invited to take part.

Festival highlights include Drag Bingo on July 10th at Black Harbour Distillers, a Family Pride Party at the Tantallon Library on July 11th, and on July 12th, a full day of events featuring The Great Pride Clothing Swap at St. Luke's United and a "Heated Rivalry" hockey game between the Halifax Mussels and South Shore Queer Hockey at St. Margaret's Centre, followed by an open skate for the public.

The festival culminates with Bay Pride Fest on Saturday, July 25th at the Hubbards Barn. Begin the day with a mini trail parade, departing from the J.D. Shatford Memorial Public Library at 10 a.m., and end at the Hubbards Farmers' Market, where a special Pride Market will be hosted. The celebration returns to the Barn in the evening for a community picnic, all-ages drag show and open mic, live music, and a silent disco.

Other events include yoga classes, a memoir writing workshop, a Drag Brunch at Cavicchi's, a Pride church service at St. Luke's, and a Pride Paddle. Residents can also create and submit a photo of a Pride-themed garden display for the Planting with Pride Showcase, co-hosted with the St. Margaret's Bay Gardening Club, for a chance to win prizes!

Bay Pride is about visibility, belonging, and celebrating the diversity that makes our communities stronger.



This festival creates opportunities for connection, learning, and joy for everyone in St. Margaret's Bay!

Follow @stmargaretsbaypride on Facebook and Instagram or visit www.stmargaretsbaypride.ca for updates and event details.



Jessica Fancy 
MP for South Shore – St. Margarets



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Fathers Day June 21st
"Any man can be a father, but it takes someone special to be a dad." — Anne Geddes
Happy Fathers Day


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Your Voice in Ottawa!
Votre voix à Ottawa!

Book about senior cats to raise funds for cat rescue *Sharon Jessup Joyce*



Kathy Chisholm, a contributor to *Nine ½ Lives*, with Thelma, who is shown on the book cover. Thelma also wrote a story for the book (with considerable assistance from Kathy). Photo credit: Hugh Chisholm

Cat lovers love to tell stories about their cats. And they like stories about other people's cats, too.

That thought led Joe Popovitch, who publishes under the name Joe Pops, to put together a book of over 20 nonfiction stories about senior cats, to be published this summer.



FIND US ON
FACEBOOK

Nine ½ Lives (see review, page 7), is a fundraiser for cat rescue group Spay Day HRM, and a project of the Tuxedo Party, a political movement that aims to improve cat welfare in HRM and beyond.

Stories are by seasoned and new writers from Canada, the US, the UK, and France. Nova Scotia writers, including St. Margaret's Bay residents Kathy Chisholm and Ellen Helmke, were invited to contribute. Other participants submitted their stories through a writing contest promoted on the Tuxedo Party's Facebook page.

"That page has 45,000 followers, and many have been with us for years, supporting the cause in various ways, so we wanted to involve them," says Joe, a former board member with Spay Day and a longtime cat-rescue volunteer, along with his wife, Cindy Murphy, with both Spay Day and the Tuxedo Party.

Hugh Chisholm, a retired veterinarian and Kathy Chisholm, Hugu is president of the Tuxedo Party. A photo of the Chisholms' cat Thelma, who lived to 18, is on the book's front cover.

"She had more health problems than Heinz had pickles," Hugh says. "And she was worth every bit we spent on her."

He's glad the book focuses on senior cats.

"In most cases, you've had this pet for years, and you've had a lot of ups and downs together," he says. "It's like an old married couple, where you don't need to talk about everything—you can just sit and share time with your cat on your knee, and you both know you love one another."

The Tuxedo Party wants the book to draw attention and buyers from around the world.

"We're grateful for people supporting this fundraiser," says Hugh. "The cat rescue need is enormous."

Joe says it would be great if the book also encourages more people to consider adopting a senior cat.

"My heart always goes out to them," he says. "If you want a cat, please look at shelter cats, and definitely look at the old guys."

Hugh agrees: "When I was in practice as a veterinarian, older people would sometimes tell me their pet would have to be their last pet, and I always shook my head. There are so many senior pets, perfect for older people, and they still have a lot of love to give."

Print copies of *Nine ½ Lives* will be available this summer at Otis & Clementine's and through Amazon and other booksellers. An e-book will also be available.



NEW LOCATION!

Tantallon Village Farmers Market



will take place **Tuesdays**, starting **June 9th**, 2-6 pm

at **St. Luke's United Church**

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Upcoming COMMUNITY EVENTS

Weekdays

Every Monday in June

Open House: Calm-Abiding Meditation, 7:30–9:00 pm St. Margaret's Bay Shambhala Centre, 13495 Peggy's Cove Rd, Upper Tantallon. Calm your mind and spirit with guided meditation led by local Shambhala teachers. Free and open to all. Beginners welcome.

Tuesday, June 2

Free Inclusive Customer Service Training for Local Businesses 9:30am-12:30pm. Hubbards Barn, Hubbards. Interactive workshop focused on 2SLGBTQIA+ inclusion and practical customer service skills. Learn inclusive language, how to navigate real-life situations, and create welcoming spaces. Includes hands-on activities, refreshments, lunch, and a certificate of participation. Free.

Thursday, June 11

Spring Shredding Event 10am-12pm. Parking area adjacent to the St. Margaret's Bay Community Enterprise Centre offices in Redmond's Plaza. Securely shred confidential household papers and documents on site with Scotia Security Shredding. No binders accepted. Additional parking available at the rear of the building. Rain date: Wednesday, June 17. \$5 per standard banker's box or similar size. Contact: 902-826-1680, reception@smbceec.org

Friday, June 26

ARTSCAPE Summer 2026 Art Show & Sale – Opening Reception 6-8pm. St. Luke's United Church Hall, 5374 St. Margaret's Bay Rd., Tantallon. Meet featured local artists and enjoy the opening reception for the ARTSCAPE Summer 2026 Art Show & Sale, showcasing a variety of Canadian-made artwork and creative talent. Free admission.

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Friday

Friday, June 5 – Saturday, June 6

Yard and Bake Sale 8:30am–1pm (both days). St. James United Church, 1078 Prospect Road, Goodwood. Free admission. Yard and bake sale running over two days featuring household goods, baked items, and more. All proceeds from sales support the church community. Contact Susie at 902-499-8981.

Friday, June 5 – Saturday, June 6

Yard and Plant Sale 8:30am–1pm (both days). St. Timothy's Anglican Church, 2320 Prospect Road, Hatchet Lake, NS. Free admission. Yard and plant sale featuring a wide variety of items and garden selections. Free entry for all visitors. For more information contact Dawn at 902-580-6825.

Friday, June 5 & Saturday, June 6

Yard and Bake Sale 8:30am-1pm. St. James United Church, 1078 Prospect Road, Goodwood. Browse a variety of yard sale items and enjoy a selection of homemade baked goods in a welcoming community atmosphere. Free admission. Contact: Susie Moffat, twmoffat@ns.sympatico.ca, 902-499-8981

Friday, June 26

ARTSCAPE Summer 2026 Art Show & Sale – Opening Reception 6-8pm. St. Luke's United Church Hall, 5374 St. Margaret's Bay Rd., Tantallon. Meet featured local artists and enjoy the opening reception for the ARTSCAPE Summer 2026 Art Show & Sale, showcasing a variety of Canadian-made artwork and creative talent. Free admission.

Saturday

Saturday, June 6

Yard and Craft Sale 10am–2pm. Terence Bay Community Hall, 80 Sandy Cove Road, Terence Bay, NS B3T 1Y2. Free admission. Yard and craft sale featuring a variety of handmade crafts and yard sale items. For more information contact Kelly at 902-223-6289.

Saturday, June 6

Plant Sale 9-11am. St. Luke's United Church, 5374 St. Margaret's Bay Rd, Upper Tantallon. The St. Margaret's Bay Gardening Club Plant Sale takes place in the lower hall. Doors open at 9am—please use the lower entrance. A variety of plants will be available for gardeners and plant lovers.

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Saturday, June 6 Yard Sale – William Black United Church

9am–12pm. William Black Memorial United Church Community Hall, 10515 Peggy's Cove Road, Glen Margaret. Huge annual yard sale featuring a wide variety of items. Accessible event held rain or shine. Free admission for all attendees.

Saturday, June 6

Mahone Portrait House Opening 1–5pm. 572 Main St, Mahone Bay, NS B0J 2E0. Open to the public free of charge, MPH is a private collection of portraiture by and of Canadians. This season's special exhibit features works by Brian Burke, RCA and Jane Reagh.

Saturday June 6

Pride Dance Party, 11am- 12pm. JD Shatford Library, 10353 St Margaret's Bay Rd, Hubbards, NS B0J 1T0, Kick off Pride at JD Shatford Library! Join us for drag story time, unveiling of the Pride flag, a family dance party, and the launch of the Bay Pride 2026 festival schedule. All ages. Free

Saturday June 13

Pride Small Tattoo Day, 10am- 6pm. Classique Ink & Aesthetics, 5181 St Margaret's Bay Rd Suite 18, Upper Tantallon, NS B3Z 4H3 Bring a simple idea, word, symbol, or reference of what Pride means to you, and Roy will help you refine it for scale, placement, clarity, and long-term healing. Pre-register to book, limited spots available

Saturday, June 13

St. Peter's Church Book Worm Haven – Used Books 9am–12pm. St. Peter's Church, 10030 Peggy's Cove Road, Hackett's Cove. Browse over 5,000 books, puzzles, games, and CDs for all ages. New titles arrive regularly.

Saturday, June 13

Youth Entrepreneur Fair 10am-1pm. St. Luke's Church (lower level). The St. Margaret's Bay Community Enterprise Centre (SMBCEC) is set to host the second annual Youth Entrepreneur Fair, giving young entrepreneurs ages 8–14 the opportunity to showcase their products and services while building creativity and business skills. Registration required by June 6; parents or

Saturday, June 13

Soup and Sandwich Supper 5-9:30pm. St. James Anglican Church Hall, 14 Parish St, Mahone Bay, NS B0J 2E0. Hosted by the Royal Arch Mason Lahave Branch 17, enjoy soup and sandwiches, live music, door prizes, a silent auction, and more. Proceeds will support glaucoma research. \$15 adults, \$10 ages 12 and under, free for children 5 and under.

Visit our website for more upcoming events!

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The Masthead News

Saturday, June 20

Car Show and Shine 10am–2pm. St. Andrew's Anglican Church, 2553 St. Margaret's Bay Road, Timberlea. Registration to show vehicles is free and admission is by donation. Enjoy a display of beautifully maintained cars, a cash BBQ, and door prizes throughout the event.

Saturday, June 20

Pulled Pork Sandwich Father's Day Lunch 11:30am–1pm. St. Luke's Parish Hall, 10 Shore Club Rd, Hubbards. Enjoy a Father's Day lunch featuring pulled pork sandwiches, coleslaw, and a slice of pie. Takeout available. Donations in support of The Helm.

Saturday June 21st

St. Margaret's Bay Food Bank Annual AGM, 12pm. Tantallon Public Library, All welcome! Expressions of interest in serving on the Board of Directors may be submitted to: Nominations Chair, alutz@ksllawyers.ca by June 15th!

Saturday, June 27

ARTSCAPE Summer 2026 Art Show & Sale 10am-5pm. St. Luke's United Church Hall, 5374 St. Margaret's Bay Rd., Tantallon. Browse and purchase artwork from featured local artists at the ARTSCAPE Summer 2026 Art Show & Sale, celebrating Canadian-made art and creativity. Free admission

Saturday, June 27

Summer Fayre: Parish of French Village 12–3pm. St. James Church, 6991 St Margaret's Bay Rd, Boutiliers Point. Rain or shine community summer fayre featuring live local musicians, BBQ and beverages, strawberry shortcake, pantry table, and games for all ages. Ticket purchases required.

Sunday

Sunday, June 28

Valley Garden Nursery Tour Departing from St. Margaret's Bay area (organizer: St. Margaret's Bay Gardening Club). Join a guided excursion to the Annapolis Valley featuring visits to The Briar Patch and Hurlings Plants, with a relaxing lunch stop at Luckett Vineyards. Travel provided by a 55-seat Maritime Atlantic coach with space for plant purchases. \$17 members,

Sunday, June 28

ARTSCAPE Summer 2026 Art Show & Sale 10am-5pm. St. Luke's United Church Hall, 5374 St. Margaret's Bay Rd., Tantallon. Explore a wide selection of artwork from featured local artists during the final day of the ARTSCAPE Summer 2026 Art Show & Sale. Free admission.

Sunday June 7

Mindfulness Based Stress Reduction Practice, 9:30am – 12pm, St. Margaret's Bay Shambhala Centre 13495 Peggy's Cove Rd, Upper Tantallon
Deep Relaxation, breath work, sitting meditation, walking meditation, mindful Yoga, Qi Gong, group discussion and more with Timothy Walker Ph.D. Questions: Call of text 902 476 4097. Contact: Theresa Milligan smbc@chebucton.ns.ca

It's our 15th Birthday!

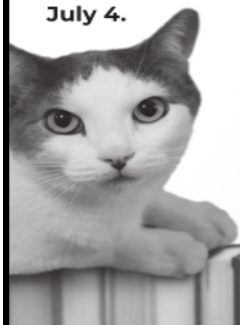
Otis & Clementine's Books & Coffee

As a thank you to our customers and friends, we'll have carnival games for book discounts, giveaways—and kittens, of course—on Saturday, June 27, 10am-5pm, and Sunday, June 28, noon-5pm.

Find one of five GOLDEN TICKETS and win an invitation for two to an exclusive kitten party on July 4.

Come help us celebrate!

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LETTERS TO THE EDITOR

Thank you, NS Dept. of Transportation... for the chance to again practice my driving technique on Highway 103 between exits 3 and 5. I am now again able to refresh my skills regarding sudden avoidance manoeuvres using slalom driving skills from years ago, now putting those rusty skills to use dodging potholes, cracked and broken pavement. I was able to increase my skill level in this regard starting early in 2025 and continued practicing all Summer until my maneuvers practice came to a halt when the whole troubled section of highway was rather well repaired in October of 2025. Imagine my disappointment.



But here we are in early 2026, and I am delighted to be able to continue brushing up on my sudden avoidance manoeuvres skills with the same highway conditions as last year. With any luck, it will again be October before my practice ceases. There was a close call recently, when a construction crew closed off an outbound lane between exits 4 and 5. They repaired a 200-foot crack, but thankfully, they didn't tamper with anything else, just like last year.



I hope all Highway 103 users are appreciating being able to practice their driving skills as much as I am.

Regards,

Mike Maher

Upper Tantallon

In Memoriam



DAUHPHINEE

In loving memory of our dear daughter and sister, Carolyn, who passed away June 9, 1962, and loved ones

There is pride woven into our grief today,

We were of the way you treated others,

Though your time was shorter than we wished.

The person you were becoming leaves a lasting mark of love on our hearts.

Lovingly remembered daily in our prayers,

Mom (Daisy), Marilyn, Karen, Bev & families.



Are you connected with someone buried at Hillside Cemetery?



Hillside Cemetery is the final resting place of several members of the community, estimated to be more than 230, who died while living at the Lunenburg Municipal Hospital (County Home), which was located on the site of the current Municipal Activity Recreation Complex (MARC) at 33 Leary Fraser Road, Dayspring, NS.

The Municipality of the District of Lunenburg wants to know if any family members or relatives of those buried at Hillside Cemetery are interested in a way to honour their loved one by name. Your interest will help us decide whether to move ahead with this potential memorial project.

Please contact **Sandra Challis**

sandra.challis@modl.ca or 902-541-1321

by January 31st, 2027



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Smart for Whom?

It has been six years since I sent my first letter to you. At that time, Nova Scotia Power was installing new smart meters for everyone, and my question was, "Is this smart meter going to help us or hinder us?" Now, I look at my Nova Scotia Power bill and see that it has, once again, more than doubled.

My issues today are with the computers that have been developed. Over the last 40 years, these developments have been advanced. The basic services that they offered before served us, but technological development has fallen to money, control, manipulation, and divide.

I see these changes as the beginning of the final stages of humanity as we have known it to be. The computer is a tool, a tool intended to do a job for us. All tools invented by humans have the potential to be abused.

A simple paring knife can be abused. It can be used as a screwdriver, or a scribing tool, but it can be a murder weapon, too.

Now, we see computers becoming more than tools: they are doing the thinking, decision-making, planning, teaching, diagnosing, and more.

We have also experienced a loss of our jobs, alongside a rising cost of living. This not only impacts humans but adds tremendous strain on the environment.

To what end and for what purpose? Why is there a big rush for more? For faster? Who are the beneficiaries of such a change over? These are some of the questions that I have. If a person is being abused by another, does that person go to the abuser for help? If computers are being used to manipulate and control our thoughts, and sabotage our systems and ways of life, why would we continue to subscribe to that kind of abuse?

So, when the power company comes with their "smart" meters, are you asking the questions? Smart for whom?

Tim Backman.

Goodwood.

Historical Items for Sale

1927 Cream of tartar shipping barrel from England, \$295, crafted from one piece of wood, as decoration it has been used as an end table in living rooms and bedrooms. A WW2 handmade sail cloth quilt, \$395. Made by Mary Boutilier of Glen Haven, Comes with photo of Mrs. Boutilier visiting with Mrs. James Smith at her home also of Glen Haven. Please leave message including any family who'd like a copy of the photo. 1(902)823-3143

You are invited to the 2026

Peggy's Cove Commission ANNUAL GENERAL MEETING

Thursday, June 18, 2026

St. Peter's Church Hall, Hackett's Cove

6:30pm to 8:30pm

Open to all residents
and the general public



Peggy's Cove
Commission

Chester Yacht Club: Not Just a Private Club!

July 1st is a fun event open to anyone, with live music, a BBQ, scavenger hunt & more!

By Cathy Ross

When you arrive at Chester Yacht Club, you're greeted with a spectacular oceanside setting. Yes, it's a private club, but many activities are open to the public.

Starting with the young: a popular summer-long Junior Sailing Day camp is open to all ages and skills. Funding is available through Pro Kids via the Municipality of Chester. The program has produced national, international and Olympic sailors, teaching self-sufficiency, confidence and problem solving.

For adults: CYC offers an Adult Learn to Sail evening program. No experience needed — runs Mon & Wed from 5:30-7:30 in July and August.

Mid-July features the popular Little Black Dress ladies night: nibbles, wine, a fashion show and vendors. This fundraiser benefits Shoreham Village Seniors Assoc. and the Junior Sailing Bursary. Sells out quickly — get tickets early!

CYC hosts the second annual Poker Run, open to all boaters. Race from shore to islands collecting cards for the best poker hand!

August brings Chester Race Week — Canada's largest keelboat regatta, open to the public for racing and social activities. Daily music on the deck, evening entertainment, food trucks & more!

January 1st is the ever-popular polar swim.

The club is available for public rental — weddings, celebrations of life, private parties & more. Occasional dances are also open to the public.

Should you choose to become a member, there is no wait list and various membership levels are available. New member half-price discount June 5-12, with a new members social June 12th.

The club features a lounge with fireplace, bar, member-priced food, oceanfront veranda, tender service, mooring field, dock access, crane use and beach access.

Members enjoy Tuesday and Thursday BBQs, Friday cocktail receptions, island beach parties, afternoon tea, book club, speaker series, off-season potlucks, mooring rentals and kayak storage.



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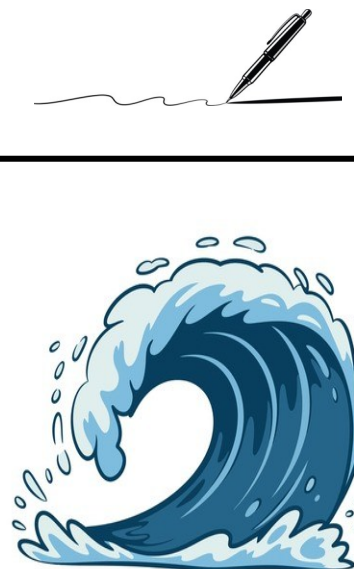
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World Oceans Day June 8th

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From Heritage Carpentry to Handcrafted Woodworking: Meet Peter Downing of Pebble Mountain Woodcrafts

Shannon Gough

Tucked along the shore in Indian Harbour sits what Peter Downing jokingly describes as “the only bubblegum pink house in the bay.” In a small workshop beside it, Peter creates handcrafted pieces that reflect both traditional craftsmanship and a deep appreciation for natural materials.

Downing, a member of the Peggy's Cove Area Art Society, will be participating in this year's Peggy's Cove Area Festival of the Arts Studio Tour, giving visitors an opportunity to see the workshop and artistry behind his business, Pebble Mountain Woodcrafts, which he launched with his wife Kate five years ago.

Peter spent much of his childhood outdoors in Indian Harbour, developing an early connection to nature and hands-on work.

While attending university, Peter worked at the Halifax Citadel National Historic Site, which fostered his appreciation for historic craftsmanship and inspired his path. After enrolling in a heritage carpentry course and working with several companies in the Halifax area, Peter specialized in custom problem solving and restoration work on older and historic buildings.

“I liked the hands-on and non-prefabricated nature of older buildings,” he explains. “There was freedom in being able to create and fix things instead of simply buying new ones.”



A Backgammon Board crafted by Peter Downing.

Today, Peter personally designs and builds every piece himself in his workshop, relying on traditional techniques involving “as little hardware as possible” and preferring natural, non-toxic finishes to maintain a focus on the local and exotic wood that he uses. Among his favourite and frequently used tools are an old General table saw and an antique Shopsmith lathe. A hallmark of his work, Peter also frequently incorporates magnets into his designs instead of traditional hinges or clasps.

The result of Peter's consistency, concentration, patience, and precision is a collection of timeless, tactile pieces that celebrate craftsmanship in an increasingly mass-produced world.



A Chessboard crafted by Peter Downing.



Peter Downing of Pebble Mountain Wood-

crafts Peggy's Cove Area Festival of the Arts Studio Tour (July 17th to 19th) visitors will have the chance to meet Peter (Stop 24) and learn more about the artistry behind Pebble Mountain Woodcrafts handcrafted woodworking.

[https:// peggyscoveareafestivalofthearts.com/](https://peggyscoveareafestivalofthearts.com/)

Second Story Women's Centre

Second Story Women's Centre

Lunenburg, NS - Second Story Women's Centre (SSWC) is proud to announce that we are now the official owners of our longtime home at 18 Dufferin Street – the former Lunenburg Train Station. The purchase was made possible through the support of generous community donors and with the help of many, including current and former members of SSWC's Board of Directors, key advisory supporters and Town of Lunenburg staff, mayor and council. SSWC has rented the building from the Town of Lunenburg for the past 13 years. “Second Story Women's Centre provides vital services and support for people across our region, and we are incredibly fortunate to have this important organization based here in Lunenburg,” said Lunenburg Mayor, Jamie Myra. “Having a permanent home will help ensure their work can continue to grow and serve our communities for years to come, and the Town is very pleased to have played a part in helping make this a reality.”

The building has been an ideal home for SSWC. Set back from the road while remaining accessible, it offers privacy without isolation, ample and discreet parking and a warm, welcoming environment. Inside, the layout supports both private counselling and group programming with several counselling offices, open gathering spaces and a full kitchen. “This is more than a building or a place we come to work – it's a place where people come for support, safety and connection,” said Stephanie Balcome, Executive Director of SSWC. “Like its history as a train station, it continues to welcome people at different points in their journey, helps them make connections and supports them as they move forward.”



From this location, Second Story supports women and gender diverse people, provides safer spaces and advocates for meaningful change. Annually, the centre delivers more than 1200 counselling sessions, and hosts over 80 group programs.

Also, provides food support and access to essential personal products, hosts educational sessions and offers daily support through advocacy, referrals and systems navigation that reach many across Lunenburg and Queens Counties

Owning the building provides long-term stability for the organization, allowing Second Story to continue services and programs and ensures this space remains available for those who need it. “We're deeply grateful to the community for making this possible,” said Rebecca Zolkower, Board Member of Second Story Women's Centre. “This purchase helps to secure the future of services that so many rely on.”

Peggy's Cove Area Festival of the Arts
We can't wait to Celebrate Art!

JULY 8-19

<p>OPENING NIGHT JULY 8 7-9:30pm Hubbards Barn, 57 HWY 3 (St. Margaret's Bay Rd.) Hubbards Live music, refreshments, sale of member artwork, and 50/50 draw. TICKETS \$30 available online.</p>	<p>PAINT PEGGY'S COVE JULY 10-12 10am-5pm Village of Peggy's Cove Throughout the village, artists create new works of art inspired by this unique Nova Scotian community. And, free creative activities for children of all ages!</p>	<p>STUDIO TOUR JULY 17-19 10am-5pm St. Margaret's Bay Area Over 40 studios and galleries welcome visitors and showcase the works of many talented artists. Follow the lighthouse signs on the blue sandwich boards. They will help direct you to the studios along the route.</p>
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SELECTED AS ONE OF THE **TOP 10** Reasons to Visit **Halifax** in 2026
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Royal Arch Masons of Nova Scotia & Prince Edward Island

Glaucoma Fund

In 1996, the Royal Arch Masons of Nova Scotia and Prince Edward Island launched the Royal Arch Glaucoma Fund to support glaucoma research and education at Dalhousie University's Department of Ophthalmology and Visual Sciences (DOVS) and the QEII Health Sciences Centre. The initiative was led by Most Excellent Companion (MEC), Harald Weiland and former DOVS Head, Dr. Raymond LeBlanc. A tireless advocate for glaucoma awareness and research, MEC Weiland encouraged participation of all Masonic Chapters across Nova Scotia and Prince Edward Island. Today, the Fund is additionally supported by The Grand Chapter of Royal Arch Masons of Newfoundland & Labrador.

In Nova Scotia, research on glaucoma, a group of optic nerve-damaging eye diseases known as the "silent thief of sight" (Canadian Association of Optometrists), is conducted at Dalhousie University's DOVS, located at the QEII Health Sciences Centre's Bethune Building.

On June 12th, 2023, in memory of Mr. Harald Weiland, the DOVS opened The Harald Weiland Centre for Learning & Innovation in Glaucoma, an integral space for mentoring trainees as they work, interact, and conduct research.

Sunny Days, Salt Air & South Shore *The Masthead News*

As June arrives along Nova Scotia's beautiful South Shore, the region is bursting with the kind of gentle, golden warmth that makes everyone slow down and soak it all in. After a cool spring, the days are stretching longer, the harbours are sparkling, and that classic coastal mix of wildflowers, fresh breezes, and friendly chatter is everywhere you turn.

Perfect June weather for getting outside expect pleasant daytime highs in the low 20s Celsius (around 68–72°F), with cooler evenings perfect for a sweater by the water. Mornings may bring the famous South Shore mist, but it often burns off by mid-morning to reveal bright sunshine. It's ideal beach-walking weather — not too hot, not too cold — with the ocean warming up nicely for brave swimmers or paddlers. Pack layers, sunscreen, and a sense of adventure!

Things to do this June The South Shore is alive with simple joys and community fun:

Mahone Bay & Lunenburg Area: Stroll the colourful waterfronts, visit the Fisheries Museum of the Atlantic, or hop aboard a sailing tour to see the iconic Bluenose II if she's in port. Look for the Mahone Bay Summer Concert Series — free outdoor music at the gazebo is a weekly highlight that brings neighbours together with toe-tapping tunes.

Nature: trails around Peggy's Cove offer stunning walks with wild roses in bloom and seals popping up offshore. Pack a picnic and watch the tides roll in — pure magic.

Markets & Local Flavours: Farmers' markets are overflowing with fresh strawberries, baked goods, and handmade crafts.

Several members of Harald Weiland's family and the Royal Arch Masons of Nova Scotia and Prince Edward Island attended the opening (DOVS 2022/2023 Annual Report).

The Royal Arch Glaucoma Fund, aligning Masonic principles of relief, compassion, and service with tangible support for medical research, education, and treatment, has consistently expressed the Grand Chapter's charitable mission. The RAM Glaucoma Endowment, exceeding \$400,000, supports essential glaucoma research, meaningfully impacting those affected by vision loss.

The Glaucoma Fund is sustained through generous contributions, which may be made in the following ways:



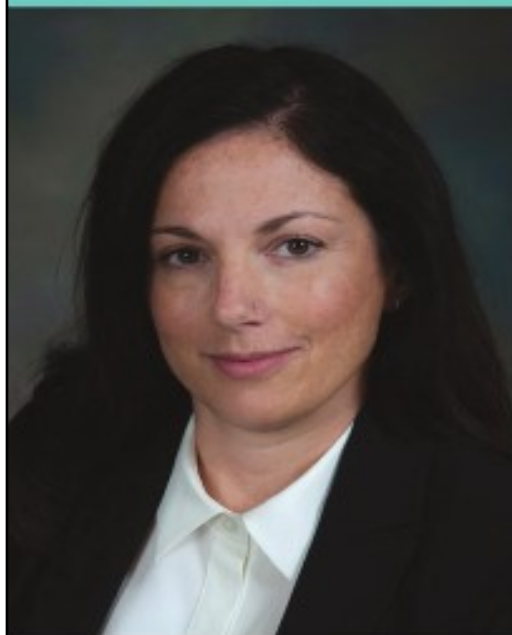
From left to right Corey Hyneck, Keith Campbell, Lowell Levy, Michael Lutes, Robin Bond, Robert Turner, Brock Junkin, Phil Langford (back) Jeff

Cheque or Money Order payable to RAM Glaucoma Fund – QEII Foundation and submitted through your Chapter to the Grand Secretary. A tax receipt will be issued from the QEII Foundation for gifts of \$10.00 or more.

To contribute by credit card, please contact the QEII Foundation directly at 902-473-7932, specifying that your donation is for the RAM Glaucoma Fund – T690.

Please support Royal Arch Masonry fundraising events in your area.


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Grab an ice cream cone and wander the historic streets of Lunenburg, a UNESCO World Heritage Site.

Events & Celebrations: Keep an eye on theatres at the Chester Playhouse or Old Confidence Lodge (Riverport), open mics, and early summer music nights. National Indigenous Peoples Day on June 21 brings wonderful cultural events across the region. If you're into cycling or sailing, smaller community races and regattas often pop up as the season kicks off. This time of year, the South Shore feels like one big friendly gathering.



Locals and visitors alike are out chatting on docks, sharing stories at markets, and celebrating the simple pleasure of longer, lighter days. Whether you're sailing, hiking, listening to live music, or just sitting on a bench watching the boats, there's a quiet happiness in the air that reminds us why this corner of Nova Scotia feels like home.

So dust off your kayak, lace up your walking shoes, or simply roll down the car window and breathe in that salty June breeze. Summer on the South Shore isn't just arriving — it's inviting everyone to join the celebration. **Happy June, South Shore!**

Bay Treasure Chest Marks 12 Years with Expanded Play Area and Growing Community Impact *Jane Delorey*

The Bay Treasure Chest Association (BTCA) marked its 12th year in April with an expansion of its play boundaries, adding new locations and continuing to grow its investment in local community programs. The community lottery, commonly known as the Bay Treasure Chest, celebrated the anniversary while introducing three new chest locations: Mabel's Farm Market on Prospect Road, PharmaChoice in Hammonds Plains, and Circle K Irving in Beechville. BTCA says that these changes intend to provide greater choice and convenience for players, allowing residents to decide which locations work best for them.

Established in 2014, the Bay Treasure Chest weekly toonie draw is a 50-50 lottery created as a fundraising partnership by five local non-profit organizations. Expanding over the years, the partnership now includes 15 organizations, supporting a wide range of community programs and services across the region.

The lottery has grown significantly over the past 12 years. Average weekly jackpots have gone from \$1,000 to \$12,000, with higher totals during rollover weeks. Proceeds support initiatives related to recreation, environmental stewardship, food security, community facilities, and youth and senior programming.

Through a \$600 honorarium program for smaller non-profit and community-led groups within its catchment area, BTCA impacts communities even further. Additionally, the Association administers the Anne Martell Memorial Scholarship, which has awarded more than \$300,000 to over 100 local students since 2016. Named in memory of BTCA co-founder Anne Martell, the scholarship supports graduating students entering post-secondary education from within the Bay Treasure Chest catchment area. As the Association's boundaries expand, BTCA will be reviewing the scholarship and honorarium programs to ensure they continue to reflect and serve the communities within the updated map.



March 25th Bay Treasure Chest winner of \$11,547, Brittney Short of Hammond's Plains.

Players participate by completing a registration form and dropping a toonie at a participating retail location. One draw is held each week, with half of the jackpot awarded to the winner and the remaining funds invested in the community.

BTCA plans to add more chest locations in the future and continues to encourage residents' weekly participation in support of local organizations.

THE MASTHEAD NEWS
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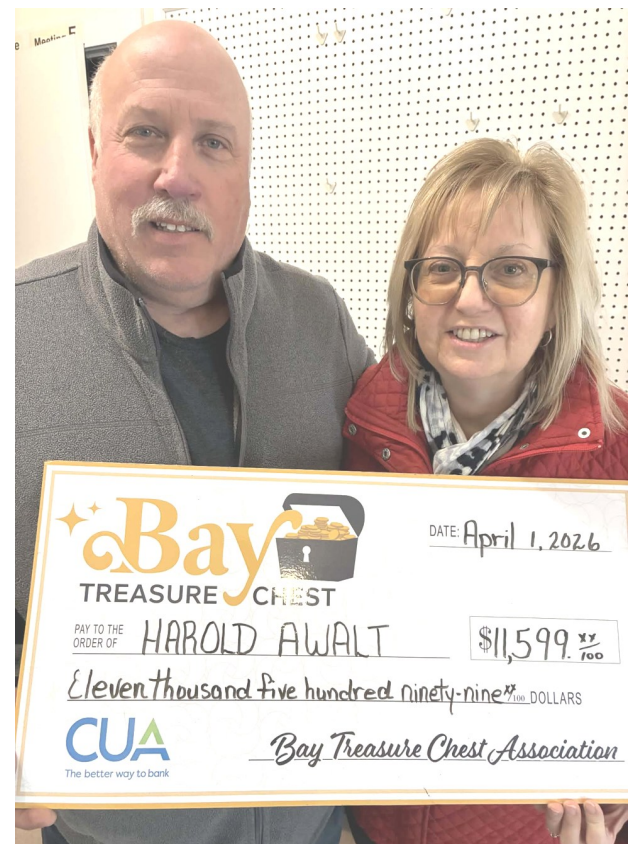
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April 22nd Treasure Chest winner of \$36,556, Terry Stewart of Simms Settlement (pictured with Dierdre Moore).

June is Seniors Month!

"Age is an issue of mind over matter. If you don't mind, it doesn't matter." — Mark Twain



April 1st Bay Treasure Chest winner of \$11,599, Harold Awalt of Timberlea (pictured with his wife, Michele Awalt).

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1 Year ANNIVERSARY

Local shredding event



There will be a drive-up shredding event on Thursday, June 11, 10am noon, for householders looking for a secure way to dispose of paper records and documents.

It will be in the parking area adjacent to the Community Enterprise Centre, which is sponsoring the event. The location is at 5229 St. Margaret's Bay Road, Upper Tantallon.

Cost is \$5 per banker's box. No binders, please.

Rain date is Wednesday, June 17, 10am-noon.

